

# Training Courses

Everywhere for everyone



# Who we are

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The Centre for Accessible Environments (CAE) is a leading authority on inclusive design in the UK. CAE pioneered the provision of access guidance for building designers based on collaborative research with disabled people.

Our mission is simple – to help to deliver inclusive environments. Our aim is to ensure environments can be accessed, used and enjoyed by everyone.

As recognised experts in the field CAE can help organisations meet their duties under the Equality Act 2010. We offer consultancy, training, advice and guidance to developers, designers, construction organisations, managers and occupiers of buildings and spaces. CAE are the technical consultancy division of Habinteg, with charitable status.

## Our team

Our inclusive design team include access consultants with backgrounds in architecture, planning, housing, building control, design and working in the disability sector.

Our team are members of the National Register of Access Consultants (NRAC), International Association of Access Professionals, Access Association and the BSI Committee for Access to Buildings.

All of our bespoke sessions are facilitated by skilled trainers with more than 20 years' practical experience of designing the built environment.



# Training

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**Training is central to our mission to share knowledge and expertise about access in the built environment. As a result, we have been the leading training provider in the access field for over 30 years. We were the first organisation to offer training for access auditors and consultants.**

We currently offer a wide range of training courses and Continuing Professional Development (CPD) workshops relating to access and inclusive design. Our programme content is regularly updated with the latest research findings and development in standards or good practice.

All of our training sessions are interactive and delegates have the opportunity to take part in exercises and engage in Q&A with our expert trainers. We are able to provide alternative formats and other adjustments upon request.

## **Bespoke training**

Our courses are for up to 15 people and we can tailor courses to your industry, specific needs and interests. Our courses can be delivered at your own premises, at the venue of your choice, or online. This can be a cost-effective way of training more members of your team and minimising travel costs.



# Bespoke training topics

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We offer a wide range of bespoke training courses under the following key subject areas:

- Access and Equality Awareness
- Access and Wayfinding in the Pedestrian Environment
- Access Auditing and the Equality Act
- Accessible Housing – adaptations
- Accessible Housing (Part M (2) – Category 2 and Part M (3) – Category 3)
- Accessible Toilets and Bathrooms
- An Introduction to Access and Inclusive Design
- Changing Places Toilets
- Design and Neurodiversity
- Easy Access to Historic Buildings
- Inclusive Environments and the Workplace
- Lifetime Homes
- Reading and Understanding Plans
- Writing access reports, access statements and equality impact assessments

If you have a different topic in mind for your training, please contact us on [training@cae.org.uk](mailto:training@cae.org.uk) to discuss it as we may be able to help.

## Access and Equality Awareness

The course includes:

- Overview of types of disability, etiquette and use of language
- Principles of inclusive design and causes of barriers to good access
- The different models of disability
- Responsibilities under the Equality Act 2010
- Considerations for an accessible and inclusive environment.

## Access and Wayfinding in the Pedestrian Environment

The course includes:

- Different impairments and how these impact on perception and use of the built environment
- Standards and guidance that determine the design, planning and management of the pedestrian environment.
- Legibility and different forms of communication
- Applying visual contrast and lighting principles
- Application of sign design principles
- Specifying tactile paving in an effective and appropriate manner
- Architectural and urban design references
- Good (and bad) practice in the design, layout and management of external environment.



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“Another enjoyable and informative course carried out by friendly and personable trainers.”

**Access and Wayfinding  
delegate**

## Access Auditing and the Equality Act

This course is aimed at anyone interested in taking their access knowledge to a higher level and gain an understanding of the practicalities of access improvements in light of the Equality Act 2010.

This course is ideal for anyone looking to develop access auditing skills alongside a practical understanding of implementing access into building management practices.

The course includes:

- Accessibility awareness
- The Equality Act 2010, other legislation and design standards
- The principles of inclusive design, design guidance and access strategies
- Appraisal and auditing methodologies
- Report formatting and making priorities and recommendations
- Interactive workshops and exercises, including a practice audit.

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Great 2 day course.  
Delivered and  
presented well.”

**Access Auditing and  
Equality Act delegate**



## Accessible Housing – adaptations

The course includes:

- Overview of current design guidance, regulations and codes of practice relating to housing.
- External environments, entry and circulation.
- Bathrooms and WCs.
- Spaces and adaptability.
- Glazing and controls.
- Kitchens.
- Interactive workshops and exercises

## Accessible Housing (Part M (2) – Category 2 and Part M (3) – Category 3)

The course includes:

- History, current standards and policy overview
- The roles of planning and building control authorities
- AD M Category 1 and 2 overviews
- Technical requirements of AD M Category 3 and the difference between ‘wheelchair adaptable’ and ‘wheelchair accessible’ dwellings.
- Interactive workshops and exercises

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“Great course, really enjoyed it and was kept interesting throughout the duration of the course.”

**Access Auditing and  
Equality Act delegate**



## An Introduction to Access and Inclusive Design

The course includes:

- Accessibility awareness
- Understanding diversity and the built environment
- Introduction to legislation and building design guidance
- The Equality Act 2010 and public sector equality duty
- Examples of good, and bad, practice in inclusive design.

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“It was lovely and such a great pleasure for me to participate in this excellently organised and brilliantly delivered training. I have been very impressed at the level of professionalism exhibited by them and the tremendous standard of information and care they provide.”

**An introduction to Access and  
Inclusive Design delegate**

## Design and Neurodiversity

The course gives an understanding of designing for neurodiversity and wellbeing. Neurodiversity is a term to cover the diversity of human minds and cognitive function and can include dyslexia, dyspraxia, Autism spectrum condition and ADHD.

The course will investigate the relationship between neurodiversity and the built environment, how design affects and can respond to these issues and how this relates to legislation including the Equality Act 2010.

The course includes:

- What is neurodiversity?
- Neurodiversity and the built environment
- Designing for wellbeing
- Neurodiversity audit exercise
- Discussion and questions.

## Historic Buildings

The course includes:

- Understanding diversity and diverse needs in the historic built environment
- The statutory framework including the Equality Act; planning permission; Building Regulations; Listed buildings
- Best practice in managing historic environments
- Access, conservation, and economic pressures
- Overcoming barriers
- Examples of good and bad practice

## Inclusive Environments and the Workplace

The course includes:

- Access awareness
- The Equality Act with particular reference to office environments
- Design guidance for inclusive environments, including aspects such as refreshment areas, WC facilities, soft furnishings and colour schemes
- Means of escape for disabled people
- Wayfinding and signage
- Design appraisals and key aspects to consider

## Lifetime Homes

The course will be based on the Lifetime Homes Design with an overview of following;

- Design and specification requirements of the 16 criteria which form the Standard
- where each criterion is applicable
- Compares each criterion to any similar requirement in Part M of Building Regulations
- Gives some additional recommendations to consider for those wanting to engage with the principles and exceed the minimum requirements.

## Reading and Understanding Plans

The course includes:

- Reading plans
- Understanding symbols and scale
- Looking at different types of plans
- Interactive workshops considering examples and reading different plans.

## Writing access reports, access statements and equality impact assessments

The course includes:

- Access awareness, the Equality Act and protected characteristics
- Public Sector Equality Duty
- What is an Equality Impact Assessment, Access Statement and Access Report?
- Importance of user consultation
- Report writing and making recommendations
- Group exercises.

# Sign up today

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## Public courses

To book your place on a public course, please check dates and availability on our website at <https://cae.org.uk/training/our-training-courses/> and complete an online booking form for each attendee.

## Arranging bespoke training

To arrange a course for your organisation, please email [training@cae.org.uk](mailto:training@cae.org.uk) or call **020 7822 8232** with details of the type of course you would like.